



Guidance document for processing PM-JAY packages

Addison's disease

Procedures covered: 1

Specialty: General Medicine, Pediatric Medical Management

Package name	Procedure name	HBP 1.0 code	HBP 2.0 code	Package price (INR)
Addison's disease	Addison's disease	New Package	MG043A	General Ward- 1,800 HDU – 2,700 ICU without ventilator– 3,600 ICU with Ventilator– 4,500

ALOS (in days): 2-5 days

Minimum qualification of the treating doctor:

Essential: MBBS

Desirable: MD / DNB/Equivalent (in General medicine, Pediatric Medicine)

Special empanelment criteria/linkage to empanelment module: None

Disclaimer:

For monitoring and administering the claim management process of **Addison's disease** for NHA shall be following these guidelines. This document has been prepared for guidance of PROCESSING TEAM and TRANSACTION MANAGEMENT SYSTEM of AB PM-JAY for the claims of procedures mentioned above. The hospitals can also refer to this document so that they have the insight on how the claims will be processed. However, this document doesn't provide any guidance on clinical and therapeutic management of patient. In that respect the hospitals and physicians may refer to any other relevant material as per the extant professional norms.

PART I: GUIDELINES FOR CLINICIANS AND HEALTHCARE PROVIDERS

1.1 Objective:

The purpose of this section is to act as a guidance & a clinical decision support tool for the clinicians in deciding the line of treatment, plan clinical management of patient and decide referral of cases to the appropriate level of care (as required) for treatment of patients under PMJAY and selection of corresponding Health Benefit Package.

It will also serve as a tool for hospitals to determine and submit the mandatory documents required for claiming reimbursement of health benefit package under PMJAY.

1.2 Clinical key pointers:

Proceed with Addison's disease only if diagnosis made is backed by clinical manifestation:

Initial Symptoms:



- Lack of energy or motivation (fatigue)
- Abnormal drowsiness or tiredness (lethargy)
- Muscle weakness
- Low mood (mild depression) or irritability
- Loss of appetite and unintentional weight loss
- The need to urinate frequently
- Increased thirst
- Craving salty foods

Later symptoms (Tend to develop gradually over months or years)

- **Hyperpigmentation**
- **Hypotension**
- Nausea (feeling sick)
- Vomiting (being sick)
- Diarrhea
- Abdominal, joint or back pain
- Muscle cramps
- Chronic exhaustion, which may cause depression

1.3 Mandatory documents- For healthcare providers

Following documents should be uploaded by the concerned hospital staff at the time of pre-authorization and claims submission:

Mandatory document	Addison's disease
i. At the time of Pre-authorization	
a. Clinical Notes including evaluation findings, indications for the procedure, and planned line of treatment	Yes
b. Sr. Electrolyte, Sr. Cortisol	Yes
c. Blood Sugar test	Yes
ii. At the time of claim submission	
a. Detailed Indoor case papers	Yes
b. ACTH stimulation test, Contrast-Enhanced CT Abdomen report	Yes
c. Post treatment Blood sugar test report	Yes
d. Post treatment Sr. Cortisol level report	Yes
e. Detailed Discharge Summary	Yes

PART II: GUIDELINES FOR PROCESSING TEAM

PART III: GUIDELINES FOR TRANSACTION MANAGEMENT SYSTEM (TMS)



3.1 Objective: To enable setting up of cross check mechanisms/rule engines within the IT platform (TMS) to ensure compliance with STGs and to prevent fraud / abuse of the Health Benefit Package.

3.2 Below mentioned are the scenarios where a provision would be built in TMS for pop-ups:

Addison's disease:

1. Was the Sr. Cortisol level lower than normal? Yes

Till the time the functionality is being developed, the processing doctors shall check the above manually.

Acknowledgement

1. <https://www.mayoclinic.org/diseases-conditions/addisons-disease/diagnosis-treatment/drc-20350296>
2. <https://www.nhs.uk/conditions/addisons-disease/diagnosis/>
3. <https://www.aafp.org/afp/2014/0401/p563.html>